



Daily Examen

- God, I believe that at this quiet moment I am in Your presence and You are now loving me. Come Holy Spirit.
- God, I acknowledge Your love for me in the various gifts for which I am very grateful. Thanks be to God.
- God, help me now to review the events of this day in order to recognize you in all parts of my life. Lord, I want to see.
- God, please forgive the times I have fallen short, and strengthen my attempts to follow You. Lord have mercy.
- God, enlighten me so that my future choices praise, reverence, and serve You above all else. Show me Your way.
- Conclude with an Our Father.



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