



### Anima Christi

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within Thy wounds hide me.  
Suffer me not to be separated from Thee.  
From the wicked enemy defend me.  
In the hour of my death call me.  
And bid me come unto Thee,  
That with all Thy saints,  
I may praise Thee  
Forever and ever.  
Amen.

—St. Ignatius of Loyola



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